

MIAC WOMEN'S OUTDOOR CHAMPIONSHIPS

University of St. Thomas, St. Paul

May 8-9, 1998

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[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

100 Meter Dash

Round 1, Heat 1

1	Astrid Larssen, Augsburg	12.11Q
	NCAA automatic qualifier	
	NCAA provisional qualifier	
2	Alexs Phillips, Macalester	12.61q
3	Noel Green, Bethel	12.79q
4	Karin McGregor, Concordia	13.00
5	Amber Liss, St. Mary's	13.11
6	Kristin Overskei, St. Thomas	13.49
7	Laura Caldwell, St. Benedict	13.57
8	Steph Weeks, Macalester	14.38

Round 1, Heat 2

1	Erica Stone, Gustavus	12.36Q
	NCAA provisional qualifier	
2	Sonya Smith, Concordia	12.69q
3	Gail Peterson, Bethel	12.97
4	Katie Hagen, St. Benedict	12.98
5	Tonya Ashfeld, St. Benedict	13.22

Round 1, Heat 3

1	Amanda Olson, St. Olaf	12.25Q
	NCAA provisional qualifier	
2	Holly Harris, Macalester	12.57q
3	Amber Kidder, St. Olaf	12.83q
4	Miranda Jopp, St. Thomas	12.94
5	Amy MacDonald, Carleton	13.55
6	Shelly Gregorich, St. Olaf	13.66
7	Colleen Mensing, St. Benedict	13.81
8	Lucy Goldstein, Macalester	13.95

Final

1	Astrid Larssen, Augsburg	11.96
	MIAC Meet record	
	NCAA automatic qualifier	
	NCAA provisional qualifier	
2	Erica Stone, Gustavus	12.09
	NCAA automatic qualifier	
	NCAA provisional qualifier	
3	Amanda Olson, St. Olaf	12.13
	NCAA automatic qualifier	
	NCAA provisional qualifier	
4	Holly Harris, Macalester	12.40
	NCAA provisional qualifier	

5	Alexs Phillips, Macalester	12.55
6	Sonya Smith, Concordia	12.70
7	Amber Kidder, St. Olaf	12.75
8	Noel Green, Bethel	12.98

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

200 Meter Dash

Round 1, Heat 1

1	Astrid Larssen, Augsburg	25.29Q
	NCAA provisional qualifier	
2	Holly Harris, Macalester	25.35q
	NCAA provisional qualifier	
3	Gail Peterson, Bethel	26.34q
4	Angie Lange, Bethel	26.52q
5	Jamie McRaith, St. Olaf	26.89
6	Amber Liss, St. Mary's	27.12
7	Angie Sprunger, St. Olaf	27.57
8	Hanni Megaw, St. Benedict	28.5

Round 1, Heat 2

1	Amanda Olson, St. Olaf	25.27Q
	NCAA provisional qualifier	
2	Alexs Phillips, Macalester	26.21q
3	Sonya Smith, Concordia	26.55
4	Miranda Jopp, St. Thomas	26.62
5	Katie Hagen, St. Benedict	26.84
6	Noel Green, Bethel	27.04
7	Kajsa Larson, Gustavus	27.36

Round 1, Heat 3

1	Erica Stone, Gustavus	24.88Q
	MIAC Meet record	
	NCAA automatic qualifier	
	NCAA provisional qualifier	
2	Laura Carlson, Gustavus	25.77q
3	Megan Mullins, Gustavus	26.57
4	Amber Kidder, St. Olaf	26.77
5	Tonya Ashfeld, St. Benedict	27.18
6	Sally Skurdahl, St. Olaf	27.23
7	Margo Boyle, St. Catherine	27.42
8	Melissa Grossman, Carleton	28.49

Final

1	Erica Stone, Gustavus	25.16
	Ties NCAA automatic qualifier	
	NCAA provisional qualifier	
2	Astrid Larssen, Augsburg	25.26
	NCAA provisional qualifier	
3	Amanda Olson, St. Olaf	25.26
	NCAA provisional qualifier	
4	Holly Harris, Macalester	25.96
5	Laura Carlson, Gustavus	26.07
6	Alexs Phillips, Macalester	26.69
7	Gail Peterson, Bethel	27.13
8	Angie Lange, Bethel	27.42

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

400 Meter Dash

Round 1, Heat 1		
1	Stacy Horner, Gustavus	58.72Q
2	Jamie Lubitz, St. Thomas	59.22q
3	Angie Lange, Bethel	59.86q
4	Lizzy May, St. Thomas	61.24
5	Sommer Jalbert, Concordia	62.26
6	Hanni Megaw, St. Benedict	63.03
7	Kate Duchene, St. Thomas	65.84
8	Karen Larson, St. Olaf	68.25

Round 1, Heat 2		
1	Megan Mullins, Gustavus	58.77Q
2	Jamie McRaith, St. Olaf	59.67q
3	Emily Walker, St. Olaf	60.53
4	Sara Ridge, Gustavus	61.39
5	Joanne Maki, Concordia	62.65
6	Jamie Kelly, Carleton	63.89
7	Sarah vanderWeyst, St. Olaf	64.47
8	Jenni Bates, St. Benedict	64.71

Round 1, Heat 3		
1	Laura Carlson, Gustavus	57.45Q
	NCAA provisional qualifier	
2	Margo Boyle, St. Catherine	60.10q
3	Alison Bachman, St. Olaf	60.15q
4	Kajsa Larson, Gustavus	60.75
5	Amanda Coe, Macalester	61.83
6	Laurie Peterson, Carleton	62.83
7	Kelly Shannon, Concordia	62.86
8	Elin Schoenfelder, St. Thomas	67.26

Final		
1	Laura Carlson, Gustavus	57.65
	NCAA provisional qualifier	
2	Megan Mullins, Gustavus	58.30
3	Jamie Lubitz, St. Thomas	58.40
4	Stacy Horner, Gustavus	58.50
5	Jamie McRaith, St. Olaf	59.34
6	Alison Bachman, St. Olaf	59.72
7	Margo Boyle, St. Catherine	59.96
8	Angie Lange, Bethel	60.01

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

800 Meter Run		
Round 1, Heat 1		
1	Jayna Mathieu, St. Olaf	2:19.07Q
2	Teresa Olsen, Hamline	2:19.55Q
3	Rachel Bjorklund, Bethel	2:21.77q
4	Aurora Hartwick, St. Mary's	2:23.29
5	Mollee Ludtke, Concordia	2:24.63
6	Karyn Lien, St. Olaf	2:27.30
7	Betsy Moss, St. Olaf	2:35.41
8	Teresa Lewandowski, Augsburg	2:40.61

Round 1, Heat 2		
1	Jen Hodges, Macalester	2:18.40Q
2	Sherri Lien, St. Mary's	2:19.72Q
3	Julie Engh, Concordia	2:21.78q
4	Liv Bjork, Bethel	2:23.49
5	Marnee Bergenheier, Concordia	2:24.29
6	Molly Herald, St. Olaf	2:26.35
7	Deb Pagels, St. Olaf	2:34.99

Round 1, Heat 3		
1	Heidi Brenden, Concordia	2:20.77Q

2	Katie Vanselow, St. Benedict	2:20.93Q
3	Erin Ward, St. Thomas	2:22.34
4	Daisy Schmidt, Gustavus	2:24.56
5	Emily Haley, St. Thomas	2:24.82
6	Steph Spong, Gustavus	2:25.27
7	Jaime Kingsley, Augsburg	2:31.15
8	Sara Daymont, St. Olaf	2:34.84

Final

1	Jayna Mathieu, St. Olaf	2:18.79
2	Heidi Brenden, Concordia	2:18.80
3	Sherri Lien, St. Mary's	2:19.43
4	Teresa Olsen, Hamline	2:19.73
5	Jen Hodges, Macalester	2:19.82
6	Katie Vanselow, St. Benedict	2:21.45
7	Rachel Bjorklund, Bethel	2:22.49
8	Julie Engh, Concordia	2:24.28

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

1500 Meter Run

Round 1, Heat 1

1	Jayna Mathieu, St. Olaf	4:45.47Q
2	Heidi Brenden, Concordia	4:46.66Q
3	Molly Herald, St. Olaf	4:47.02Q
4	Amanda Pischke, Macalester	4:48.05Q
5	Libby Garrard, Carleton	4:49.09q
6	Becca Wold, Gustavus	4:50.08q
7	Barb Breidenbach, Concordia	4:52.33q
8	Angie Voight, Bethel	4:56.74
9	Abby Forster, Carleton	5:01.56
10	Emma Sandberg, Carleton	5:04.36
11	Cindy Carstens, Concordia	5:09.21
12	Deb Pagels, St. Olaf	5:09.48
13	Alice McPherson, Carleton	5:10.39
14	Teresa Lewandowski, Augsburg	5:23.36

Round 1, Heat 2

1	Megan Auger, Macalester	4:45.44Q
2	Amanda Beckman, Bethel	4:47.89Q
3	Liv Bjork, Bethel	4:48.00Q
4	Jenni Mooney, St. Thomas	4:48.05Q
5	Erin Ward, St. Thomas	4:48.77q
6	Shannon Solvie, Bethel	4:53.31
7	Nicolle Smith, St. Olaf	4:55.58
8	Andrea Kolar, St. Catherine	4:58.74
9	Sara Daymont, St. Olaf	5:07.09
10	Danielle Barry, Bethel	5:07.96
11	Becky Karnes, Hamline	5:09.22
12	Sindy Lopez, St. Olaf	5:14.63
13	Jaime Kingsley, Augsburg	5:14.81
14	Teresa LeMire, St. Catherine	5:19.02

Final

1	Jayna Mathieu, St. Olaf	4:40.33
	NCAA provisional qualifier	
2	Megan Auger, Macalester	4:40.80
	NCAA provisional qualifier	
3	Heidi Brenden, Concordia	4:44.15
	NCAA provisional qualifier	
4	Becca Wold, Gustavus	4:45.36
5	Liv Bjork, Bethel	4:45.61
6	Erin Ward, St. Thomas	4:45.77
7	Amanda Pischke, Macalester	4:47.29

8 Jenni Mooney, St. Thomas	4:48.80
9 Barb Breidenbach, Concordia	4:49.47
10 Amanda Beckman, Bethel	4:52.11
11 Molly Herald, St. Olaf	4:53.46
12 Libby Garrard, Carleton	4:55.29

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

3000 Meter Run

1 Megan Auger, Macalester	10:30.93
2 Sara Frykman, Gustavus	10:34.44
3 Carleen Andert, St. Thomas	10:35.28
4 Heather Phillips, St. Thomas	10:36.79
5 Keri Gunderson, Hamline	10:38.02
6 Liz Conners, Macalester	10:39.05
7 Marie Keller, St. Thomas	10:39.39
8 Gail Teitzel, Carleton	10:40.31
9 Carrie Quill, Carleton	10:41.22
10 Connie Gross, St. Benedict	10:44.22
11 Jenni Mooney, St. Thomas	10:45.77
12 Danielle Barry, Bethel	10:49.82
13 Libby Garrard, Carleton	10:51.92
14 Barb Breidenbach, Concordia	10:52.09
15 Annie Sateren, St. Olaf	10:52.36
16 Laura Graen, Gustavus	10:52.85
17 Andrea Kolar, St. Catherine	10:54.01
18 Christina Vetter, St. Olaf	10:55.91
19 Melissa Kremers, St. Benedict	10:58.22
20 Jenna Boren, St. Olaf	10:59.83
21 Angie Voight, Bethel	11:08.19
22 Kate Kingery, Carleton	11:20.38
23 Colleen Gross, St. Benedict	11:35.36
24 Suzanne DePaulo, St. Olaf	11:49.89

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

5000 Meter Run

1 Christina Vetter, St. Olaf	18:31.93
2 Melissa Schuch, St. Thomas	18:35.61
3 Annie Sateren, St. Olaf	18:37.30
4 Angie Voight, Bethel	18:40.87
5 Kate Kingery, Carleton	18:41.06
6 Katie Jorgenson, St. Catherine	18:44.77
7 Missy Petersen, St. Benedict	18:50.25
8 Lynette Drexler, St. Catherine	19:08.42
9 Keri Gunderson, Hamline	19:09.59
10 Suzanne DePaulo, St. Olaf	19:17.95
11 Megan Kelly, Macalester	19:22.55
12 Sarah Omann, St. Benedict	19:24.66
13 Julia Larson, Carleton	19:25.30
14 Emilie Miller, Macalester	19:26.51
15 Ami Kuisle, St. Mary's	19:27.56
16 Christine St Hilaire, Gustavus	19:41.53
17 Megan Magnall, St. Olaf	19:45.62
18 Erika Huber, St. Mary's	19:46.19
19 Colleen Gross, St. Benedict	19:46.69
20 Lauren Hafner, Carleton	19:58.60

21 Paula Elstrom, St. Thomas	20:00.85
22 Brigitta Hessler, St. Thomas	20:01.71
23 Katie Reif, St. Thomas	20:10.89
24 Heidi Krause, Macalester	20:30.51
25 Stef Lenz, Gustavus	20:39.70

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

10000 Meter Run

1 Katie Jorgenson, St. Catherine	38:27.70
2 Melissa Schuch, St. Thomas	38:30.29
3 Kelly Faris, St. Thomas	38:56.27
4 Missy Petersen, St. Benedict	39:06.41
5 Emilie Miller, Macalester	39:29.88
6 Lynette Drexler, St. Catherine	39:36.65
7 Carrie Quill, Carleton	39:49.52
8 Christina Vetter, St. Olaf	39:51.21
9 Julia Larson, Carleton	39:51.83
10 Ami Kuisle, St. Mary's	40:18.84
11 Christine St Hilaire, Gustavus	40:27.68
12 Lauren Hafner, Carleton	40:31.35
13 Gina Stine, Hamline	40:45.98
14 Katie Sherman, St. Benedict	41:13.97
15 Sarah Roeder, St. Benedict	41:22.50
16 Amy Dettbarn, St. Thomas	41:56.96
17 Tiffany Jensen, St. Thomas	42:09.24
18 Laura Richards, Bethel	42:18.14
19 Stacy DeRuitter, St. Olaf	42:46.86

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

100 Meter Hurdles

Round 1, Heat 1

1 Katie Bestul, St. Thomas	15.07Q
NCAA provisional qualifier	
2 Susanna Wilson, Hamline	15.47q
3 Kate Bednarczyk, St. Thomas	16.39
4 Margaret Cropp, Concordia	16.63
5 Janine Waitshies, Bethel	17.26

Round 1, Heat 2

1 Emily Menden, St. Thomas	14.91Q
NCAA provisional qualifier	
2 Julia Taylor, Bethel	15.43q
3 Nissa Stolp, Gustavus	15.65q
4 Andrea Tietmeyer, Macalester	16.26
5 Angie Strom, Concordia	16.41
6 Jen Sather, Gustavus	16.81
7 Angie Sprunger, St. Olaf	17.41

Round 1, Heat 3

1 Kara Hedin, St. Thomas	14.89Q
NCAA provisional qualifier	
2 Sara Grineski, Concordia	15.55q
3 Lori Garlock, St. Benedict	16.00q
4 Doreen Bechtold, St. Thomas	16.41
5 Janet Hengel, St. Olaf	16.66
6 Julia Yoshimoto, Carleton	16.70
7 Rachel Flenner, St. Thomas	17.63

8	Kristine Lamm, Macalester	18.22
Final		
1	Emily Menden, St. Thomas	14.79
	NCAA provisional qualifier	
2	Kara Hedin, St. Thomas	14.95
	NCAA provisional qualifier	
3	Katie Bestul, St. Thomas	15.21
4	Sara Grineski, Concordia	15.31
5	Nissa Stolp, Gustavus	15.32
6	Julia Taylor, Bethel	15.41
7	Susanna Wilson, Hamline	15.63
8	Lori Garlock, St. Benedict	15.95

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

400 Meter Hurdles

Round 1, Heat 1

1	Emily Menden, St. Thomas	64.59Q
	NCAA provisional qualifier	
2	Andrea Thompson, St. Olaf	64.85q
	NCAA provisional qualifier	
3	Janet Hengel, St. Olaf	65.10q
	NCAA provisional qualifier	
4	Sarah Parker, St. Thomas	68.84
5	Kelly Mattison, St. Olaf	69.81
6	Clara Zamorano, Carleton	69.91
7	Lindsay Beck, Bethel	70.38

Round 1, Heat 2

1	Sandy Helquist, Carleton	63.57Q
	NCAA provisional qualifier	
2	Julia Taylor, Bethel	64.52q
	NCAA provisional qualifier	
3	Katie Bestul, St. Thomas	66.05q
4	Sara Grineski, Concordia	66.53q
5	Erin Quinn, Carleton	69.21
6	Shannon Hill, St. Catherine	71.81

Round 1, Heat 3

1	Susanna Wilson, Hamline	66.09Q
2	Jamie Lubitz, St. Thomas	66.63
3	Lori Garlock, St. Benedict	67.02
4	Andrea Tietmeyer, Macalester	67.57
5	Kristi Mechelke, Gustavus	69.83
6	Kate Krueger, Gustavus	70.27
7	Kristine Lamm, Macalester	72.98

Final

1	Sandy Helquist, Carleton	63.36
	NCAA automatic qualifier	
	NCAA provisional qualifier	
2	Andrea Thompson, St. Olaf	64.41
	NCAA provisional qualifier	
3	Julia Taylor, Bethel	64.83
	NCAA provisional qualifier	
4	Emily Menden, St. Thomas	64.95
	NCAA provisional qualifier	
5	Katie Bestul, St. Thomas	65.27
6	Janet Hengel, St. Olaf	66.37
7	Susanna Wilson, Hamline	66.60
8	Sara Grineski, Concordia	67.19

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

4X100 Meter Relay

- 1 Gustavus (Kirsten Bland, Megan Mullins,
Erica Stone, Laura Carlson) 48.47
NCAA automatic qualifier
NCAA provisional qualifier
 - 2 St. Olaf (Jamie McRaith, Amber Kidder,
Alison Bachman, Amanda Olson) 48.76
NCAA provisional qualifier
 - 3 Macalester (Amanda Coe, Holly Harris,
Andrea Tietmeyer, Alexs Phillips) 49.22
NCAA provisional qualifier
 - 4 Bethel (Gail Peterson, Noel Green,
Angie Lange, Julia Taylor) 49.76
 - 5 St. Thomas 49.91
 - 6 Concordia (Karin McGregor, Sonya Smith,
Joy Moldenhayer, Margaret Cropp) 51.08
 - 7 St. Benedict (Laura Caldwell, Rhonda Swanson,
Katie Hagen, Tonya Ashfeld) 51.22
Carleton (Amy MacDonald, Sandy Helquist,
Clara Zamorano, Melissa Grossman) DQ
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[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

4X400 Meter Relay

- 1 Gustavus (Stacy Horner, Erica Stone,
Laura Carlson, Megan Mullins) 3:55.34
NCAA automatic qualifier
NCAA provisional qualifier
 - 2 St. Thomas 3:57.85
NCAA provisional qualifier
 - 3 St. Olaf (Jamie McRaith, Alison Bachman,
Emily Walker, Jayna Mathieu) 3:58.00
NCAA provisional qualifier
 - 4 Bethel (Angie Lange, Rachel Bjorklund,
Julia Taylor, Gail Peterson) 4:00.71
 - 5 Macalester 4:01.34
 - 6 Concordia (Sommer Jalbert, Joanne Maki,
Julie Engh, Mollee Ludtke) 4:06.57
 - 7 Carleton (Jamie Kelly, Sandy Helquist,
Laurie Peterson, Erin Quinn) 4:08.95
 - 8 Hamline (Jenna Parish, Susanna Wilson,
Becky Karnes, Teresa Olsen) 4:10.03
 - 9 St. Benedict 4:11.05
 - 10 St. Catherine (Shannon Hill, Margo Boyle,
Kimberly Tester, Sydney Larson) 4:11.93
 - 11 St. Mary's (Kari Pederson, Aurora Hartwick,
Amber Liss, Amber Liss) 4:12.27
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[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

4X800 Meter Relay

- 1 St. Olaf (Emily Walker, Nicolle Smith,

	Karyn Lien, Jayna Mathieu)	9:25.32
2	Bethel (Rachel Bjorklund, Shannon Solvie, Amanda Beckman, Liv Bjork)	9:32.53
3	Gustavus (Daisy Schmidt, Laura Graen, Steph Spong, Becca Wold)	9:37.67
4	St. Thomas (Lizzy May, Kristen Baker, Carleen Andert, Marie Keller)	9:38.92
5	Hamline (Jenna Parish, Keri Gunderson, Carrie Forsaland-Sund, Teresa Olsen)	9:40.67
6	Concordia (Kelly Shannon, Marnee Bergenheier, Julie Engh, Mollee Ludtke)	9:50.40
7	St. Benedict (Carla Fredrick, Amber Upgren, Eria Litschke, Katie Vanselow)	10:01.01
8	Carleton (Laurie Peterson, Emma Sandberg, Kate Ihle, Abby Forster)	10:04.97
9	St. Mary's (Erika Huber, Mary Fossum, Clara Setzer, Katie Vandenberg)	10:55.59
	Macalester (Amanda Pischke, Liz Conners, Jen Hodges, Megan Auger)	DQ

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

Long Jump

Round 1, Flight 1

1	Kari Pederson, St. Mary's	17-1 1/2	(5.22m)q
2	BriAnne Erpelding, St. Benedict	16-9 1/4	(5.11m)q
3	Kristin Overskei, St. Thomas	16-5 3/4	(5.02m)q
4	Sally Skurdahl, St. Olaf	15-11 3/4	(4.87m)
5	Nissa Stolp, Gustavus	15-6 1/4	(4.73m)
6	Sarah Rustad, Concordia	14-7	(4.44m)
7	Christi Osborne, St. Thomas	14-2 1/4	(4.32m)
	Molly Nemes, Gustavus	DNC	

Round 1, Flight 2

1	Sarah Severson, Concordia	17-3 1/2	(5.27m)q
2	Doreen Bechtold, St. Thomas	17-2 1/4	(5.24m)q
3	Alison Bachman, St. Olaf	16-6	(5.03m)q
4	Kate Bednarczyk, St. Thomas	16-5 1/4	(5.01m)q
5	Karin McGregor, Concordia	15-10 1/4	(4.83m)
6	Karin Jolivette, St. Olaf	15-4 1/4	(4.68m)
7	Emily Haley, St. Thomas	15-2 3/4	(4.64m)
8	Jennifer Fettig, Concordia	14-1	(4.29m)

Round 1, Flight 3

1	Kara Hedin, St. Thomas	16-7 1/4	(5.06m)q
2	Laura Burley, Gustavus	16-1	(4.90m)
3	Rhonda Swanson, St. Benedict	15-11 1/2	(4.86m)
4	Anne Habbena, Bethel	15-9 1/2	(4.81m)
5	Amy Scoville, Concordia	15-8 3/4	(4.79m)
6	Helen Mrema, Macalester	15-5	(4.70m)
7	Kelly Klecker, St. Benedict	15-4	(4.67m)

Final

1	Sarah Severson, Concordia	17-3 1/2	(5.27m)
2	Doreen Bechtold, St. Thomas	17-2 1/4	(5.24m)
3	Alison Bachman, St. Olaf	17-2	(5.23m)
4	Kari Pederson, St. Mary's	17-1 1/2	(5.22m)
5	Kara Hedin, St. Thomas	16-10 3/4	(5.15m)
6	BriAnne Erpelding, St. Benedict	16-9 1/4	(5.11m)
7	Kristin Overskei, St. Thomas	16-5 3/4	(5.02m)
8	Kate Bednarczyk, St. Thomas	16-5 1/4	(5.01m)

Triple Jump

Round 1, Flight 1

1 Sarah Severson, Concordia	35-6 3/4 (10.84m)q
2 BriAnne Erpelding, St. Benedict	35-3 (10.74m)q
3 Kirsten Bland, Gustavus	34-7 (10.54m)q
4 Diane Licata, Macalester	34-2 (10.41m)q
5 Sally Skurdahl, St. Olaf	33-11 1/2 (10.35m)
6 Laura Burley, Gustavus	33-3 1/4 (10.14m)
7 Crystal Dusich, St. Thomas	32-11 (10.03m)
8 Sarah Rustad, Concordia	31-10 1/4 (9.71m)
9 Stacia Fey, Concordia	31-7 1/4 (9.63m)

Round 1, Flight 2

1 Kara Hedin, St. Thomas	37-0 1/2 (11.29m)q
NCAA provisional qualifier	
2 Kristin Overskei, St. Thomas	35-5 (10.79m)q
3 Anne Habbena, Bethel	33-6 1/2 (10.22m)
4 Kari Twedt, Gustavus	32-7 1/2 (9.94m)
5 Marye deJong, Macalester	32-5 3/4 (9.90m)
6 Katherine Doherty, Carleton	31-9 1/4 (9.68m)
7 Helen Mrema, Macalester	31-3 (9.52m)
8 Julia Yoshimoto, Carleton	31-2 (9.50m)

Round 1, Flight 3

1 Karin McGregor, Concordia	35-5 1/4 (10.80m)q
2 Kari Pederson, St. Mary's	34-3 (10.44m)q
3 Kelly Klecker, St. Benedict	33-10 3/4 (10.33m)
4 Amy Scoville, Concordia	33-6 (10.21m)
5 Jennifer Fettig, Concordia	32-9 (9.98m)
6 Jen Sather, Gustavus	32-3 1/2 (9.84m)
7 Kelly Mattison, St. Olaf	31-2 1/2 (9.51m)
8 Christi Osborne, St. Thomas	31-1 (9.47m)

Final

1 Kara Hedin, St. Thomas	37-0 1/2 (11.29m)
NCAA provisional qualifier	
2 BriAnne Erpelding, St. Benedict	36-0 1/4 (10.98m)
3 Sarah Severson, Concordia	35-11 1/2 (10.96m)
4 Karin McGregor, Concordia	35-5 1/4 (10.80m)
5 Kristin Overskei, St. Thomas	35-5 (10.79m)
6 Kirsten Bland, Gustavus	34-11 (10.64m)
7 Kari Pederson, St. Mary's	34-9 1/2 (10.60m)
8 Diane Licata, Macalester	34-2 1/4 (10.42m)

Shot Put

Round 1, Flight 1

1 Misty Bahr, Hamline	43-10 (13.36m)q
NCAA automatic qualifier	
NCAA provisional qualifier	
2 Erin Dana, Gustavus	39-1 1/4 (11.92m)q
3 Rachel Aufforth, Concordia	36-0 3/4 (10.99m)q
4 Misty Smoot, St. Benedict	35-11 1/4 (10.95m)q
5 Amanda Kasper, Bethel	35-0 1/4 (10.67m)
6 Nancy Eichten, St. Catherine	34-6 3/4 (10.53m)
7 Nikki Berg, Concordia	33-11 1/4 (10.34m)
8 Sonia Lipker, Augsburg	30-10 1/4 (9.40m)
9 Jamie Wilson, St. Mary's	29-11 1/4 (9.12m)

Round 1, Flight 2

1	Melissa Ring, Gustavus	40-10 1/2	(12.46m)q
2	Jeanna Spannring, St. Catherine	38-2	(11.63m)q
3	Becky Kearns, Concordia	37-7 1/4	(11.46m)q
4	Megan Beck, Gustavus	37-1 3/4	(11.32m)q
5	Anne Poduska, Macalester	35-5 3/4	(10.81m)q
6	Clara Setzer, St. Mary's	32-6 1/4	(9.91m)
7	Maria DeBoer, Concordia	31-6 1/2	(9.61m)
8	Lisa Harms, Bethel	30-3 1/2	(9.23m)
9	Lindsay Grier, St. Mary's	29-8 3/4	(9.06m)

Final

1	Misty Bahr, Hamline	43-10	(13.36m)
	NCAA automatic qualifier		
	NCAA provisional qualifier		
2	Melissa Ring, Gustavus	42-6 1/4	(12.96m)
	NCAA provisional qualifier		
3	Erin Dana, Gustavus	39-1 1/4	(11.92m)
4	Jeanna Spannring, St. Catherine	38-1 1/2	(11.62m)
5	Becky Kearns, Concordia	37-7 1/4	(11.46m)
6	Megan Beck, Gustavus	37-1 3/4	(11.32m)
7	Misty Smoot, St. Benedict	36-5 3/4	(11.12m)
8	Rachel Aufforth, Concordia	36-0 3/4	(10.99m)

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

Discus Throw

Round 1, Flight 1

1	Becky Kearns, Concordia	134-8	(41.04m)q
2	April Felt, Gustavus	132-8	(40.44m)q
3	Kristina Huisinga, Bethel	121-9	(37.10m)
4	Jeanna Spannring, St. Catherine	120-0	(36.58m)
5	Heidi Larson, Concordia	116-9	(35.58m)
6	Amanda Kasper, Bethel	109-4	(33.34m)
7	Jamie Wilson, St. Mary's	106-11	(32.60m)
8	Sonia Lipker, Augsburg	105-6	(32.16m)
9	Alicia Tull, Concordia	100-5	(30.60m)

Round 1, Flight 2

1	Maria DeBoer, Concordia	138-6	(42.22m)q
	NCAA provisional qualifier		
2	Jill Redebaugh, Gustavus	136-3	(41.52m)q
	NCAA provisional qualifier		
3	Misty Bahr, Hamline	135-9	(41.36m)q
4	Laura Utke, Concordia	126-10	(38.66m)q
5	Erica Houtz, Gustavus	126-1	(38.44m)q
6	Melissa Ring, Gustavus	123-1	(37.52m)q
7	Charity Penn, Concordia	121-4	(36.98m)
8	Emily Rankin, Concordia	110-9	(33.76m)
9	Nikki Berg, Concordia	102-7	(31.28m)

Final

1	April Felt, Gustavus	141-6	(43.14m)
	NCAA provisional qualifier		
2	Maria DeBoer, Concordia	138-6	(42.22m)
	NCAA provisional qualifier		
3	Becky Kearns, Concordia	138-5	(42.18m)
	NCAA provisional qualifier		
4	Jill Redebaugh, Gustavus	136-3	(41.52m)
	NCAA provisional qualifier		
5	Misty Bahr, Hamline	135-9	(41.36m)
6	Erica Houtz, Gustavus	128-11	(39.28m)
7	Laura Utke, Concordia	127-4	(38.80m)
8	Melissa Ring, Gustavus	123-9	(37.70m)

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

Hammer Throw

Round 1, Flight 1

1	Becky Kearns, Concordia	153-2 (46.68m)q
	NCAA provisional qualifier	
2	April Felt, Gustavus	150-4 (45.82m)q
	NCAA provisional qualifier	
3	Karyn Senst, Concordia	132-3 (40.32m)q
4	Sonia Lipker, Augsburg	132-3 (40.30m)q
5	Eriak Lilley, Macalester	119-11 (36.56m)
6	Sam Kapphahn, Concordia	119-1 (36.30m)
7	Amanda Glas, Concordia	118-11 (36.24m)
8	Amanda Marotz, Gustavus	111-10 (34.10m)
9	Lindsay Grier, St. Mary's	104-8 (31.90m)

Round 1, Flight 2

1	Laura Utke, Concordia	148-10 (45.36m)q
	NCAA provisional qualifier	
2	Misty Bahr, Hamline	140-5 (42.80m)q
3	Misty Smoot, St. Benedict	136-9 (41.68m)q
4	Lisa Harms, Bethel	123-8 (37.70m)q
5	Maria DeBoer, Concordia	122-1 (37.22m)
6	Erica Bodin, Concordia	115-9 (35.28m)
7	Heidi Larson, Concordia	115-0 (35.06m)
8	Bretta Norton, Carleton	111-10 (34.08m)
9	Anne Poduska, Macalester	103-10 (31.64m)

Final

1	Becky Kearns, Concordia	153-2 (46.68m)
	NCAA provisional qualifier	
2	Laura Utke, Concordia	152-0 (46.32m)
	NCAA provisional qualifier	
3	April Felt, Gustavus	150-4 (45.82m)
	NCAA provisional qualifier	
4	Misty Bahr, Hamline	143-8 (43.78m)
5	Misty Smoot, St. Benedict	136-9 (41.68m)
6	Karyn Senst, Concordia	132-3 (40.32m)
7	Sonia Lipker, Augsburg	132-3 (40.30m)
8	Lisa Harms, Bethel	123-8 (37.70m)

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

Javelin Throw

Round 1, Flight 1

1	Kelly Seyfert, Concordia	118-11 (36.26m)q
2	Alicia Tull, Concordia	118-8 (36.18m)q
3	Lisa Harms, Bethel	115-1 (35.08m)q
4	Amanda Glas, Concordia	113-3 (34.52m)q
5	Jill Peterson, Gustavus	113-1 (34.46m)q
6	Jessica Edwards, Concordia	109-2 (33.28m)q
7	Courtney Penwell, Macalester	103-5 (31.52m)
8	Megan Beck, Gustavus	100-8 (30.68m)
9	Clara Setzer, St. Mary's	74-5 3/4 (22.70m)

Round 1, Flight 2

1	Alyce Yoakam, Concordia	110-11 (33.80m)q
2	Karin Jolivette, St. Olaf	106-11 (32.60m)q
3	Margaret Cropp, Concordia	103-9 (31.62m)

4	Laura Utke, Concordia	101-6	(30.94m)
5	Lucy Goldstein, Macalester	100-4	(30.58m)
6	Jamie Wilson, St. Mary's	89-7	(27.32m)
7	Kelly Gunter, Hamline	80-7	(24.56m)
8	Linda Morrison, Carleton	78-5 3/4	(23.92m)
9	Karmyn Tuma, St. Benedict	76-11 3/4	(23.46m)
Final			
1	Amanda Glas, Concordia	119-0	(36.28m)
2	Karin Jolivette, St. Olaf	119-0	(36.28m)
3	Kelly Seyfert, Concordia	118-11	(36.26m)
4	Alicia Tull, Concordia	118-8	(36.18m)
5	Lisa Harms, Bethel	115-1	(35.08m)
6	Jill Peterson, Gustavus	113-1	(34.46m)
7	Alyce Yoakam, Concordia	112-1	(34.16m)
8	Jessica Edwards, Concordia	109-2	(33.28m)

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

High Jump

1	Kate Bednarczyk, St. Thomas	5-3 3/4	(1.62m)
2	Kirsten Bland, Gustavus	5-1 3/4	(1.57m)
2	Megan June, Macalester	5-1 3/4	(1.57m)
4	Katherine Doherty, Carleton	5-1 3/4	(1.57m)
5	Joelle Farelle, Macalester	5-1 3/4	(1.57m)
6	Angie Strom, Concordia	4-11 3/4	(1.52m)
7	Carrie Ritland, Bethel	4-11 3/4	(1.52m)
8	Sarah Severson, Concordia	4-11 3/4	(1.52m)
8	Rachel Halverson, Concordia	4-11 3/4	(1.52m)
8	Sandy Helquist, Carleton	4-11 3/4	(1.52m)
11	Doreen Bechtold, St. Thomas	4-9 3/4	(1.47m)
12	Karin Jolivette, St. Olaf	4-7 3/4	(1.42m)

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

Pole Vault

1	Rhonda Swanson, St. Benedict	10-4 3/4	(3.17m)
2	Caroline Boatz, St. Benedict	9-3 1/4	(2.83m)
3	Nikki Tuma, St. Benedict	8-7 1/2	(2.63m)
3	Sarah Severson, Concordia	8-7 1/2	(2.63m)
5	Karin Jolivetter, St. Olaf	8-3 1/2	(2.53m)
6	Kate Krueger, Gustavus	7-11 1/2	(2.43m)
7	Michele Ross, St. Thomas	7-11 1/2	(2.43m)
8	Lori Knapp, Concordia	7-11 1/2	(2.43m)
8	Lisa Hodapp, Concordia	7-11 1/2	(2.43m)
10	Jennifer Fettig, Concordia	7-11 1/2	(2.43m)
11	Amber Novotny, Concordia	7-7 3/4	(2.33m)
12	Melinda Laine, Carleton	7-3 3/4	(2.23m)
13	Kim McMichael, Gustavus	7-3 3/4	(2.23m)
14	Amy MacDonald, Carleton	7-3 3/4	(2.23m)
15	Pua Mench, Carleton	7-3 3/4	(2.23m)
16	Kate Ihle, Carleton	6-11 3/4	(2.13m)
17	Elin Schoenfelder, St. Thomas	6-8	(2.03m)

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
[4X100](#) | [4X400](#) | [4X800](#) | [LJ](#) | [TJ](#) | [SP](#) | [DT](#) | [HT](#) | [JT](#) | [HJ](#)
[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

Heptathlon

1	Doreen Bechtold, St. Thomas	4179
	NCAA provisional qualifier	
2	Sarah Severson, Concordia	4162
	NCAA provisional qualifier	
3	Kate Bednarczyk, St. Thomas	3769
4	Kelly Tan, Carleton	3712
5	Katie Bestul, St. Thomas	3678
6	Sandy Helquist, Carleton	3674
7	Sally Skurdahl, St. Olaf	3389
8	Emily Haley, St. Thomas	3363
9	Clara Setzer, St. Mary's	3325
10	Wibke Punke, St. Olaf	3282
11	Karin Jolivette, St. Olaf	3267
12	Karmyn Tuma, St. Benedict	3154
13	Kristine Lamm, Macalester	3084
14	Kelly Gunter, Hamline	3053
15	Emily Rankin, Concordia	2997
16	Margaret Cropp, Concordia	2886

[100](#) | [200](#) | [400](#) | [800](#) | [1500](#) | [3000](#) | [5000](#) | [10000](#) | [100H](#) | [400H](#)
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[PV](#) | [HEP](#) | [Team Scores](#) | [Top](#)

TEAM SCORES

PLACE	TEAM	POINTS
1	St. Thomas	157.0
2	Gustavus	146.0
3	Concordia	138.2
4	St. Olaf	113.0
5	Macalester	70.0
6	St. Benedict	55.5
7	Bethel	50.0
8	Hamline	37.0
9	Carleton	33.3
10	St. Catherine	24.0
11	Augsburg	20.0
12	St. Mary's	13.0

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